

Introduction course Dentistry's role in the management of snoring and obstructive sleep apnoea

2019

Venue: British Dental Association - 64 Wimpole Street, London W1G 8YS

09:00	REGISTRATION AND REFRESHMENTS	
	Introduction to sleep medicine. Why sleep?	
	Sleep disordered breathing	
	Management of Sleep Disordered breathing	
	MORNING REFRESHMENTS	
	Screening and Assessment. The BSDSM Practice Protocol	
	LUNCH	
	Oral appliances for Sleep Disordered breathing <ul style="list-style-type: none">• History of oral appliances• Types of Oral appliances	
	Oral appliance therapy Efficacy vs. Effectiveness <ul style="list-style-type: none">• Mechanism of action• MDA comparing MADs with alternative treatment options	
	AFTERNOON TEA	
	Role of the dentist in management of SDB <ul style="list-style-type: none">• Multidisciplinary teamwork – referrals• Side effects of OAT and potential complications• Medico legal aspects of OAT and setting up a DSM Service	
	Q&A	
17:00	CLOSE	

About the speaker:

Aditi Desai

President, British Society of Dental Sleep Medicine



Aditi graduated from the University of Wales with a Bachelor in Dental Surgery, and gained her Master of Science in Conservative Dentistry from Guy's Hospital, where she became a Clinical Tutor for 11 years.

Aditi has set up a multi-disciplinary sleep service based in a dental speciality practice on London's Harley Street. She also consults from London Bridge Hospital as part of their Sleep Service.

Aditi serves on the Odontological and Sleep Council at the Royal Society of Medicine.

She has gained accreditation from the European Academy of Dental Sleep Medicine, and is working towards Fellowship of the American Academy of Dental Sleep Medicine.

As part of her role as President of the BSDSM, Aditi is working towards bringing in Accreditation for dentists who wish to be involved in the management of snoring and OSA patients. She is also hoping to see basic elements of sleep medicine brought into the dental undergraduate curriculum.

Aditi lectures extensively, in the UK and abroad, on dentistry's role as part of the multi-disciplinary management of patients with sleep disordered breathing.

Accreditation

This training course meets the educational criteria set by the GDC for verifiable CPD for the purpose of Recertification, providing 5 hours of verifiable CPD and is certified by the British Dental Association.

Certificates will be handed to each delegate at the end of the course in return for a completed evaluation form.