

Introduction course

Dentistry's role in the management of snoring and obstructive sleep apnoea

Saturday 8 February 2020

Venue: British Dental Association - 64 Wimpole Street, London W1G 8YS

09:00	REGISTRATION AND REFRESHMENTS	
	Introduction to sleep medicine. Why sleep?	
	Sleep disordered breathing	
	Management of Sleep Disordered breathing	
	MORNING REFRESHMENTS	
	Screening and Assessment	
	Diagnostic testing	
	LUNCH	
	Oral appliances for Sleep Disordered breathing <ul style="list-style-type: none">• History of oral appliances• Types of Oral appliances	
	Oral appliance therapy <ul style="list-style-type: none">• Mechanism of action• Adjunctive and novel therapies	
	AFTERNOON TEA	
	Role of the dentist in management of SDB <ul style="list-style-type: none">• Multidisciplinary teamwork – referrals• Side effects of OAT and potential complications• Medico legal aspects of OAT	
	Sponsor presentations	
	Q&A	
17:00	CLOSE	

About the speaker:

Aditi Desai

President, British Society of Dental Sleep Medicine



Aditi graduated from the University of Wales with a Bachelor of Dental Surgery and gained her Master of Science in Conservative Dentistry from University of London. She has gained accreditation from the European Academy of Dental Sleep Medicine and was a Clinical Tutor at Guy's, Kings and St Thomas Hospital for 12 years.

Aditi limits her practice to dental sleep medicine and management of TMD. She has set up a multi-disciplinary sleep service based in a dental specialty practice in London's Harley Street. She also consults from London Bridge Hospital at HCA Outpatients at The Shard as part of their integrated Sleep Service supporting her medical colleagues where necessary.

Aditi serves on the Odontological and Sleep Council at the Royal Society of Medicine.

As part of her role as President of the BSDSM, Aditi is working towards bringing in accreditation for dentists who wish to be involved in the management of snoring and OSA patients. She is also hoping to see basic elements of sleep medicine brought into the dental undergraduate curriculum.

Aditi serves on the Board of British Society of Myofunctional Therapy, which she sees as an important part of adjunctive therapy in multidisciplinary management of Sleep Disordered Breathing. Aditi has set up the British Academy of Dental Sleep Medicine and launched the first Masterclass in Dental Sleep Medicine

She lectures extensively, in the UK and abroad, on dentistry's role as part of the multi-disciplinary management of patients with sleep disordered breathing.

Certification

This training course meets the educational criteria set by the GDC for verifiable CPD for the purpose of Recertification, providing 5 hours of verifiable CPD and is certified by the British Society of Dental Sleep Medicine.

Certificates will be handed to each delegate at the end of the course in return for a completed evaluation form.