

| CLINICAL UPDATE SLEEP 19th March 2021 | | | |
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| Online conference | | | |
| | Stream 1 | | Stream 2 |
| 08.45 – 09.00 | Online registration | | |
| 09.00 – 09.05 | Welcome | | |
| 09.05 – 10.30 | SESSION ONE (1) SLEEP-DISORDERED BREATHING I | | SESSION ALPHA (A) INSOMNIA |
| | <i>Chair 1</i> | <i>Esther Schwarz</i> | <i>Chair 1</i> <i>TBC</i> |
| | <i>Chair 2</i> | <i>Gianfranco Parati</i> | <i>Chair 2</i> <i>Hugh Selsick</i> |
| | Speaker 1 | Silke Ryan | Speaker 1 Allie Hare |
| | Speaker 2 | Esther I Schwarz | Speaker 2 Leonie Maurer |
| | Speaker 3 | Gianfranco Parati | Speaker 3 Kirstie Anderson |
| 10.30 – 11.00 | Comfort break / optional sessions | | |
| | Morning seminar Joerg Steier Bhik Kotecha | | 10.30-10.50 Workshop Sleep and Pulmonary Hypertension Jenny Bacon and Philip Marino |
| 11.00 – 12.30 | SESSION TWO (2) HYPERMOMNIAS | | SESSION BETA (B) SLEEP AND FUNCTION |
| | <i>Chair 1</i> | <i>Guy Leschziner</i> | <i>Chair 1</i> <i>Ivana Rosenzweig</i> |
| | <i>Chair 2</i> | <i>Gert Jan Lammers</i> | <i>Chair 2</i> <i>Pierre-Herve Luppi</i> |
| | Speaker 1 | Guy Leschziner | Speaker 1 Pierre-Herve Luppi |
| | Speaker 2 | Gert Jan Lammers | Speaker 2 Alexander Nesbitt |
| | Speaker 3 | Jasvinder Singh Kaler | Speaker 3 Johan Meurling |
| 12.30 – 12.45 | Comfort break | | |
| 12.45 – 13.45 | KEYNOTE LECTURE (12.45 – 13.45) | | |
| | <i>Introduction</i> | <i>Joerg Steier</i> | |
| | <i>Speaker</i> | <i>Walter McNicholas</i> | |
| 13.45 – 14.00 | Comfort break | | |

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| 14.00 – 15.30 | SESSION THREE (3) SLEEP-DISORDERED BREATHING II | SESSION GAMMA (Γ) PARASOMNIA |
| | <i>Chair 1 Renata Riha</i> | <i>Chair 1 Panagis Drakatos</i> |
| | <i>Chair 2 Christoph Schöbel</i> | <i>Chair 2 Sofia Eriksson</i> |
| | Speaker 1 Renata Riha | Speaker 1 Panagis Drakatos / David O'Regan |
| | Speaker 2 Carolina Lombardi | Speaker 2 Sofia Eriksson |
| | Speaker 3 Christoph Schöbel | Speaker 3 Rex Muza |
| 15.30 – 16.00 | Comfort break / optional sessions | |
| | Sponsored Symposia – Jazz | 15.30-15.50 Workshop Sleep and Motor Neuron Disease Michelle Ramsay and Georgios Kaltsakas |
| 16.00 – 17.20 | SESSION FOUR (4) HOT TOPICS and CLINICAL TRIALS | SESSION DELTA (Δ) BRITISH SLEEP SOCIETY SYMPOSIUM |
| | <i>Chair 1 Anita Simonds</i> | <i>Chair 1 Lizzie Hill</i> |
| | <i>Chair 2 Renaud Tamisier</i> | <i>Chair 2 Tim Quinnell</i> |
| | Speaker 1 Patrick Murphy | Speaker 1 Lizzie Hill |
| | Speaker 2 Renaud Tamisier | Speaker 2 Michele Hu |
| | Speaker 3 Sophie West | Speaker 3 Dieter Riemann |
| | Speaker 4 Martino Pengo | Speaker 4 Joerg Steier |
| 17.20 – 17.30 | Take home message / announcements | |

Registration – please ensure you have a zoom account, you will need to log in with the same email address that you purchased your ticket with on eventbrite

The content of this programme was correct at January 2021. We apologise if due to unforeseen circumstances or late amendments the arrangements on the day will slightly differ from the published version.