

# **ESSENTIALS OF DENTAL SLEEP MEDICINE**

# **SEMINAR AND TRAINING WORKSHOP FOR DENTISTS**

# **LONDON FRIDAY 19TH NOVEMBER**

# DUBLIN FRIDAY 26TH NOVEMBER

#### **COURSE AIMS & LEARNING OUTCOMES:**

- · Understanding sleep-disordered breathing
- Understanding treatment options for snoring and OSA
- · How to set up referral pathways and multidisciplinary teams
- Implementing a screening protocol (and medico-legal considerations)
- Assessing patients for treatment with mandibular repositioning devices (MRDs)
- · Consideration of TMJ and TMD
- MRD customisations and prescription
- Extraoral and intraoral examination with data capture
- · Digital workflow
- Hands on session digital and manual impressions and protrusive bite registration

## BADSM | British Academy of Dental Sleep Medicine

#### **WHERE**

- London: Royal Society of Medicine, 1 Wimpole St

- **Dublin:** Venue TBC

#### **COURSE FEE**

£295 / EUR 350

#### 5 VERIFIABLE CPD POINTS

A mix of evidence-based guidance and hands-on practice, this course provides a comprehensive introduction to dental sleep medicine that helps dentists to begin offering treatment with mandibular repositioning devices (MRDs) in their practice.

This course is sponsored by Panthera Sleep and delivered by **Dr Dermot Canavan** in Dublin and **Dr Aditi Desai** and the **British Academy of Dental Sleep Medicine** in London.

The course fee includes **1 hour of post-training support** from the course leader for each attendee, to help put theory and training into practice.

### **ABOUT DR ADITI DESAI**

Dr Aditi Desai is current President of British Society of Dental Sleep Medicine (BSDSM) and President of British Academy of Dental Sleep Medicine (BADSM). She is President Elect of Odontology, Royal Society of Medicine and Council Member of Sleep Section of Royal Society of Medicine. She serves on the Board of the Association of Respiratory Technology and Physiology (ARTP). Aditi has been a restorative dentist for over 40 years but now limits her practice to the management of patients with sleep disorders that require dental management. This includes Snoring, Upper Airway Resistance Syndrome, OSA, Sleep Bruxism, TMD, Orofacial Pain. aditidesai.co.uk

### ABOUT PROF RIAZ YAR

Dr Yar graduated from the University of Liverpool in 1999 and gained MFDS from the Royal College of Surgeons, Edinburgh in 2005. In 2008 he completed an MPhil in restorative dentistry and in 2011 completed a 4-year long M Pros Dent mono-specialty training in Prosthodontics at the University of Manchester. He is Visiting Professor in Prosthodontics at the College of Medicine and Dentistry – Birmingham / Ulster University. His main topic of interest is TMD and Occlusion and he is a Specialty Dentist in TMD at Manchester Dental Hospital. thesquaredental.com

### ABOUT DR DERMOT CANAVAN

Dr Canavan is the current president of the Irish Society for Dental Sleep Medicine. He is a part-time lecturer in orofacial pain management at the Dublin Dental University Hospital and is an honorary clinical fellow at the Orofacial Pain Clinic in King's College Dental School in London. He is a past president of the Irish Pain Society and the Metropolitan Branch of the Irish Dental Association and is currently the Assistant Editor of the Journal of the Irish Dental Association. His practice has grown to become one of Ireland's leading centres for dental sleep medicine. drdermotcanavan.ie

### ABOUT BADSM

The British Academy of Dental Sleep Medicine provides a comprehensive, clinically focused and evidence-based education program that will provide dentists with the necessary training and skills they need to provide oral appliance therapy to patients who suffer from obstructive sleep apnea and snoring. www.badsm.org.uk

## **ABOUT PANTHERA SLEEP**

Panthera Sleep is a world leader in dental sleep appliance design and manufacture, with over 10 years' experience working with practitioners to develop a range of appliances that perfectly meet their needs. Panthera Sleep is a division of Panthera Dental Inc, headquartered in Quebec, Canada with offices in USA, France and UK. pantherasleep.com

# REGISTRATION

To register please contact: lain Spray, UK and Ireland Sales Manager Panthera Dental.

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WWW.PANTHERASLEEP.COM