



British Society of Dental Sleep Medicine

Book online at

<https://bsdsm.org.uk/events>

£395 Members £495 Non-Members

Foundation Course in Dental Sleep Medicine

26th April 2024

09.00 - 17.00

BDA, 64 Wimpole Street,
London W1G 8YS

6hrs of
verifiable
CPD

PROGRAMME

The Airway - why Dentistry?

- Sleep and Breathing disorders
- Pathophysiology, causes and consequences of untreated Sleep Disordered Breathing

Management guidelines – NICE Guideline and International Guidelines

- Treatment options

Role of Dentistry

- BSDSM protocol – working within scope of practice

Screening and assessment in dental practice

- Identifying the problem
- Focused history taking and examination
- Validated questionnaires
- Sleep tests

Oral appliances & Adjuvants

- Types and selection

Taking it to practice – how to start your Dental Sleep Practice

- Impressions and bite registration techniques
- Fitting, titration
- Troubleshooting

Discussion with Q&A

Aditi Desai, BDS, MSc, FCGDent

Dr Desai is current President of British Society of Dental Sleep Medicine (BSDSM) and President of British Academy of Dental Sleep Medicine (BADSM). She is President of Odontology, Royal Society of Medicine and Council Member of Sleep Section of Royal Society of Medicine. She serves on the Board of the Association of Respiratory Technology and Physiology (ARTP). Aditi has been a restorative dentist for over 40 years but now limits her practice to the management of patients with sleep disorders that require dental management. This includes Snoring, Upper Airway Resistance Syndrome, OSA, Sleep Bruxism, TMD, Orofacial Pain.

aditidesai.co.uk

FACULTY

Clare Simon, BDS, MFDS

Clare is the founder of The London Dental Sleep Clinic. She qualified from King's College London Dental School 2010. She then gained her Membership of the Faculty of Dental Surgery in 2012. Clare has over a decade of experience in general practice and has a keen interest in dental sleep medicine. She currently serves on the board of the British Society of Dental Sleep Medicine and is a member of the American Academy of Dental Sleep Medicine.

